

BIXEPS

BIXEPS activates the powerhouse of your cells, helping you improve and stay at peak performance all the times



Speed Up Recovery

Reduce Fatigue

Improve Training Outcomes

Slowdown Deconditioning During Downtimes

MAGNETIC MITOHORMESIS

1

ENERGISE

Regular sessions improve muscle energetics and ATP levels



2

RECOVER

Energised muscles recover faster getting ready for the next big game or training session



3

ENHANCE

Activated muscles release Myokine Signals that travel around the body to improve other processes like regeneration and metabolism



Patented unique non-invasive magnetic fields activate mitochondria, power up muscle cells, enhancing recovery, reduce fatigue and promote regeneration.

a patented technology by



ETH zürich

User Testimonials



Darren Lim
National Cyclist

Before using BIXEPS, I found it harder to recover. After using BIXEPS, my power outputs are a lot better, and I don't feel that my legs are very heavy as I unclip after a hard ride. There's definitely been improvements in endurance. The difference comes in after the third or fourth week, I feel so much easier (to cycle) and my heart rate is lower as well.



Bernard Cheong
Avid badminton player

After 22 sessions of BIXEPS, I felt my agility has improved and my footwork is getting back to normal. This is very encouraging! In the past, whenever I did squats, I could not stand up. But now, when I do a full squat, I can stand up. That in itself is a big breakthrough for me. 100% satisfaction would be too little. Bernard continues his weekly BIXEPS sessions with us as a supplement to recover faster from his badminton games.



Abdul Razak Jaffar
Project Director of Borneo Properties Sdn Bhd/
Ex-National Badminton Player

I play badminton twice a week, it is quite intense. We have two hour sessions typically, and this is quite a regular occurrence. I used to have a lot of body aches after each session. After BIXEPS, what I realised was that the aches are not so intense, and the recovery seems to be much faster. Since we are playing twice a week, I realise that on a daily basis, the recovery gets faster and faster, so it makes quite a big change to my routine.



Awadh Salim
Process Technician

There has been a lingering discomfort and tightness on my right knee and calf muscle which I have been suffering for years. My colleague, Yung, introduced me to BIXEPS. Signing up for the 12 week sessions was the best decision I made thus far. By the 3rd session, I felt much better. After completing my first round of BIXEPS, I joined my wife last week for a 10km run. It was something I was not able to do before.



Andrew Chan
Founder of The Soup Spoon

That discomfort that I used to have for quite a long time, after about 3 to 4 times of BIXEPS progressively disappeared. I find that there is a lot more strength in my legs now. Where I used to wake up and feel like my legs are a bit stiff, now I can go down the stairs smoothly. And on long cycling rides where I put a lot more power to my legs, I do generally feel that the legs have a lot more power and the endurance has increased, including noticeably even in my tennis.



Tsalina Phang
National Cyclist

When I used BIXEPS, it was over a 10 week period. My recovery between hard sessions was improving. I didn't feel as tired! I felt as though I could train for longer at a higher intensity.

I ride with a different purpose everyday. After most sessions, my legs would still feel fresh after BIXEPS. I think BIXEPS is a really good aid especially when my focus is on recovery and endurance.



Hian Goh
Founder of AFC & Openspace Ventures

I did 6 sessions of BIXEPS before this year season. I felt increase in strength and stability within 2 weeks of using the machine. I've just come back from this years week long trip and I can sincerely say the treatment helped me recover and improve in my performance.